

Community Programs

Occupational Therapist, THRIVE Summer Camp

Department	Community Programs
Position Title	Occupational Therapist
Hours of Work	3 weeks over summer 2026 - July 6-10, July 20 -24 and August 03-07
Position Type	Contract
Reports To	Assistant Director of Community Programs
Start Date	TBD
Wage	\$125 per hour
Work Location	Cornwall Alternative School - 40 Dixon Crescent, Regina
Open To	Internal and External Applicants
Application Deadline	1pm Thursday May 07, 2026,

POSITION DESCRIPTION

YWCA Regina values reconciliation and respectful relationships with Indigenous peoples. We strongly encourage applications from Occupational Therapists who have experience supporting Indigenous and marginalized children and who are committed to providing culturally safe, trauma-informed, and inclusive care in community-based settings.

THRIVE is a Speech and Language Pathology summer camp designed to support Indigenous elementary-aged youth in building communication, social, and self-regulation skills through play-based, strengths-focused activities.

KEY RESPONSIBILITIES

The Contractor (Occupational Therapist) will provide the following services(100%):

- Conduct occupation-based assessments relevant to children's functional participation in camp activities
- Review participants' SLP reports, care plans, or relevant educational/therapy documentation
- Provide high-level screening assessments for children who do not currently have OT services
- Develop OT goals and objectives for program participants based on observed needs

- Deliver direct individual, small-group, and whole-group OT interventions as appropriate
- Use play-based, sensory-informed, and developmental approaches in planning and delivering activities
- Support children in developing fine motor, gross motor, sensory-processing, visual-motor, self-regulation, and functional daily-living skills
- Develop documentation on participants’ activities, goal progress, and recommendations for future OTs or caregivers
- Attend team meetings as requested
- Other related OT services as directed

WHAT WE’RE LOOKING FOR

We know that skills and experience are built in many ways. Community involvement, formal credentials, lived experience, non-traditional career paths and volunteer work are all valued here. If you meet most of these qualifications and are deeply committed to the mission of YWCA Regina, we encourage you to apply. Please use your cover letter to speak to the experiences — paid or unpaid — that have prepared you for this work.

Education

- Registered Occupational Therapist in good standing with the Saskatchewan College of Occupational Therapists

Experience

- Experience supporting children’s functional participation using play-based, strengths-focused, and sensory-informed approaches
- Ability to deliver individual, small-group, and group-based interventions in a camp setting
- Strong skills in observation, goal-setting, and documentation
- Commitment to working in ways that promote inclusion, accessibility, and meaningful participation for all children
- Professional liability insurance

Knowledge, Skills & Abilities

- Strong leadership, organizational, and program management abilities
- Knowledge of harm reduction, trauma-informed practice, and crisis intervention approaches

ASSETS & PREFERRED QUALIFICATIONS

WORKING CONDITIONS & PHYSICAL REQUIREMENTS

Work Environment:	100% engagement with camp participants and stakeholders
Physical Demands:	Continuous physical movement throughout the full day of camp Lifting and carrying supplies ranging from 10-25 lbs.
Schedule:	Three stated weeks – Monday to Friday 8:30am to 4pm
Special Conditions:	Professional liability insurance Clear Criminal Record Check, approved by YWCA Regina

OUR COMMITMENT TO EQUITY & INCLUSION

As an organization led by and for women, YWCA Regina is deeply committed to building a team that reflects the full diversity of our community. We strongly encourage applications from Indigenous peoples (First Nations, Métis, and Inuit), Black people, racialized persons, people with disabilities, 2SLGBTQIA+ individuals, newcomers, and all others who bring perspectives that enrich our work.

We understand that systemic barriers can discourage people from applying for roles where they are underrepresented. We want to be clear: your lived experience, community knowledge, and unique perspective are genuine assets here. We are actively working to build conditions where every team member can contribute fully and see themselves reflected in our organization.

Accommodation is available at any stage of the recruitment process. If you require support to participate equitably, please contact us at careers@ywcaregina.com and we will work with you to meet your needs in a timely and confidential manner.

YWCA Regina uses a structured interview process designed to assess competencies fairly and consistently. Shortlisted candidates will be contacted directly. We thank all applicants for their interest; only those selected for an interview will be contacted.

HOW TO APPLY

Please reference “**THRIVE Camp OT**” clearly in the subject line of your application. Applications that do not include this reference may be deemed ineligible.

YWCA Regina invites applicants to voluntarily self-identify as Indigenous (First Nation, non-status, Métis, or Inuit) or as a member of another equity-deserving group in their cover letter and/or resume. Self-identification is entirely voluntary and will not be used in any way that disadvantages applicants.

INTERNAL APPLICANTS: Submit a letter or statement of interest from your YWCA Regina email address to careers@ywcaregina.com by 1pm Thursday May 07, 2026.

EXTERNAL APPLICANTS: Submit a cover letter and resume to careers@ywcaregina.com by 1pm Thursday May 07, 2026.

NOTE: Professional references will be requested from finalists only. Please do not include references with your initial application.

ABOUT YWCA REGINA

YWCA Regina Inc., established in 1910, aspires to a world where communities benefit from the full and equitable inclusion of women and families, and where the experiences and perspectives of women and families are reflected in all facets of society. We are a community voice of and for women — and a trusted partner in addressing the most complex issues faced by women and our community. YWCA Regina provides childcare, shelter and housing, community programs, family support programs, and outreach.

For over a century, YWCA Regina has been a cornerstone of life in Regina — evolving to meet the needs of women and families across generations. Our work spans emergency shelter, affordable housing, licensed childcare, family violence prevention, and wraparound community supports. We are a value-driven organization where staff are not simply delivering services — they are partners in meaningful, community-led change.

Working at YWCA Regina means joining a team that leads with love, operates with grit, and believes deeply that every person deserves dignity, safety, and belonging. Our staff bring a wide range of backgrounds, identities, and experiences — and that diversity makes our work stronger.

YWCA Regina is committed to anti-colonial, anti-racist practice and to a workplace that prioritizes cultural safety. We are committed to creating safe, inclusive, and accessible services and spaces for gender and sexually diverse persons. We acknowledge that our social systems, communities, and organizational processes can perpetuate the marginalization of Indigenous peoples, Black people, and gender and sexually diverse people. We are committed to systemic change and to actions that further justice, truth, and reconciliation for marginalized peoples.

OUR VALUES

- **Mutual Respect:** Everyone deserves an equitable, judgement-free environment.
- **Truth, Trust & Transparency:** We conduct our work with honesty, integrity, and transparency to hold ourselves accountable and maintain the trust we have earned in our community.
- **Community Allyship:** We embrace change by amplifying voices that guide our work. We actively advocate with and meet people and the community where they are, to support them in getting where they want to be.
- **Collaboration:** The collective strength, aligned partnerships, and interconnectedness of community enable us to drive change, disrupt power structures, and address barriers.
- **Love and Care:** The way in which we care for our people and community matters. By providing a nurturing, welcoming, and loving environment, we create spaces for care, a sense of belonging, family, and home.
- **Grit:** Our perseverance, passion, and resilience affirm our belief that change is possible even in the face of adversity

